8.4

Try to make your summary more logical. Use more relevant evidence to support your argument.

Pay attention to the English writing conventions.

How Smartphones destroyed Post-Millennial Generation

Jean M. Twenge's article "Has the Smartphone Destroyed a Generation?" explores the profound effects of smartphone usage on the post-Millennial generation. While smartphones have made post-Millennials safer physically, there are growing concerns about their mental health and social behaviors.

Firstly,Twenge highlights the shift in social norms among post-Millennials. She recounts a conversation with 13-year-old Athena, who describes going to the mall with her family instead of friends. Twenge notes, "We go to the mall... I go with my family... I just have to tell my mom where we're going" (Para1). The fact doesn’t illustrate that interaction between family members has increased,since she’s just following her parents.However,it does illustrate that face-to-face interaction between friends has decreased.The bonds still exist,but most of post-Millennials’ communication is done online.

That’s when author points out that post-Millennials are more comfortable in the digital realm than engaging in real-world activities like partying,dating,sexual activities,driving and so on. “The allure of independence, so powerful to previous generations, holds less sway over today’s teens”(Para15) And in turn, they also put off taking on responsibilities of adulthood.Why?It’s not because their passion for home study,but because they’re too addicted in their phones.

There comes the mental heal problems. The author warns that while they may be physically safer,but the increased screen time and online interactions could have detrimental effects on their mental well-being.According to Monitoring the Future survey, “the more time teens spend looking at screens, the more likely they are to report symptoms of depression.”(Para29)The expanding online socializing also raises problems like cyberbullying,and more teenagers have the feelings of being left out. All of it causes terrible impact on teenagers’ mental health.

In conclusion, Jean M. Twenge's article claims that smartphones is destroying Post-Millennial generation. While smartphones have brought about physical safety, the author underscores the potential risks to mental health and social development. It is crucial to consider the broader implications of technology on the well-being of young individuals in today's digital age.

Work Cited:

Twenge, Jean M. 《Has the Smartphone Destroyed a Generation?》